

## Good Shepherd Rules & Expectations



*Recognizing the value and worth of each teenager and all those participating in a Good Shepherd Life Teen trip, we have the following expectations to ensure all involved have the best experience.*

### **SHOW LOVE AND RESPECT FOR GOD:**

1. Pray daily for self and others.
2. Be open to receive the Sacraments.
3. Participate in the activities.
4. Be open, flexible, and have a servant's attitude.
5. Represent God in your words and actions.

### **SHOW LOVE AND RESPECT FOR SELF:**

1. This is a "no smoking" and "no drugs" trip.
2. Responses from both sexes, have requested that the opposite sex dress with modesty. Bare mid-riffs, spaghetti straps, short-shorts low cut tops, tight pants or guys without shirts are not to be worn at any time during the trip. Remember that you are a temple of the Holy Spirit. Present yourself accordingly.
3. Drink plenty of water, obey sleeping times, and make sure you eat all meals. This will allow you to participate and not be tired.
4. Any DVDs you bring for the bus or music you share with others should glorify God.
5. Come to all scheduled sessions and if you must leave an activity, the Core Team should accompany you since they are responsible for you.

### **SHOW LOVE AND RESPECT FOR OTHERS:**

1. Be safe. No horseplay or other potentially harmful actions. Leave all hazardous materials at home.
2. All words and actions you use should build up others and not injure. No gossip.
3. If a Core Member says something – listen.
4. The facilities must remain clean and undamaged. Otherwise, you will personally be responsible to pay for the damage.
5. Outside visitors to the Life Teen event are not allowed unless you ask permission.
6. Make sure that your actions during the activities do not distract others from hearing, seeing, or praying.
7. Allow others to sleep. "Lights Out" means that it is time to go to sleep. You should not be in the showers or halls after "Lights Out".

*100% cooperation with all Good Shepherd Life Teen rules is expected at all times. If the unfortunate situation arises in which a teen is not following the policies, Good Shepherd may call the parents to have them come and pick up the teen immediately.*